

Bromley Well



Information, support and workshops for people with physical impairments/ disabilities

Bromley Well is a service that can offer support and information for people aged 18 years and over, who do not receive services from the London Borough of Bromley

- Information, support and advocacy
- Monthly workshops
- Weekly drop-in sessions
- Outreach support
- Emotional support

Training and information on life skills such as:

- Healthy lifestyles
- Wellbeing
- Debt and managing money
- Assistive technology
- Planning for the future

We work with disabled people with a range of physical impairments and mobility difficulties.



To make contact or refer someone to the Bromley Well service please phone the Single Point of Access on **0300 330 9039** or email spa@bromleywell.org.uk
www.bromleywell.org.uk

 [@BromleyWell](https://twitter.com/BromleyWell)

Once we receive your referral from the SPA, our Information and Support Officer will contact you to arrange a one to one meeting. Our Information and Support Officer can be contacted on 07484 673090.

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