

Learning Disability Week 2023

We enjoyed a full week of activities for Learning Disability Week 2023!

This year we showcased the incredible things that people with a learning disability can achieve, smashing misconceptions about what people can do and shining a light on the stigma many still face every day.

Photographed is client Katie Morgan walking up the red carpet at our celebration event finale to proudly show off the medals she won at the Special Olympics Swimming! What a fabulous achievement.

Please turn to pages 4-5 to find out more about how we celebrated the week.



Photographed from left to right: Tom Richardson, Education, Training & Employability Coordinator at Palace for Life Foundation, Katie Morgan, and Emma Andrew, Bromley Well Senior Information and Support Officer.



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Editor's Note



Wow - we have had a busy couple of months and some fabulous events to celebrate Learning Disability Week including a wonderful art exhibition. Photographed to the left is one of the paintings. Read our Chief Executive's Report on pages 4-5 and our Bromley Well update on page 7 for the full story.

Please do come and support us at our Summer Fair at the Lodge on Saturday 15 July from 10am-2pm. It promises to be a great day for all the family to enjoy!

[More details on page 22.](#)

Our Supported Internship Students, in partnership with both London South East Colleges and the Princess Royal University Hospital, have now finished their placements and graduated with bright futures ahead! Turn to page 23 to find out more.

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Happy Reading!

Alex Powell

Communications Officer

alex.powell@bromleymencap.org



Incorporating Bromley Scope

Supporting disabled people, their families
and carers to enjoy better lives

Events and Activities

Bromley Mencap

Please check our [website events section](#) or phone our helpline on 020 8466 0790 to find out about our latest events.



Don't forget to keep updated on what is going on at Bromley Mencap by following us on [Facebook](#), [Twitter](#) and [Instagram](#).



Bromley Well

Bromley Well has various support sessions running virtually and in person. Please check the [website for details here](#).

Bromley Well services include employment support workshops, workshops for people with learning difficulties and physical disabilities, autism support sessions as well as regular catch-up sessions.

21
July



Summer Tennis Workshop

 Date 21 July 2023

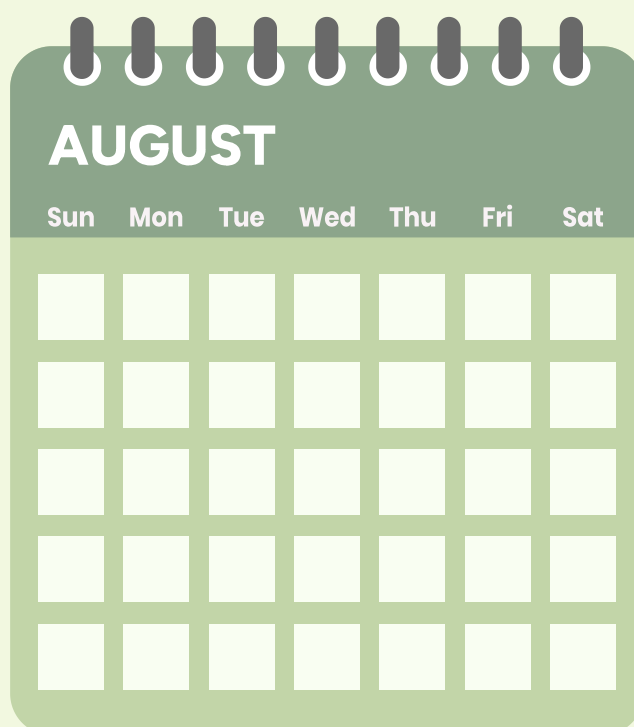
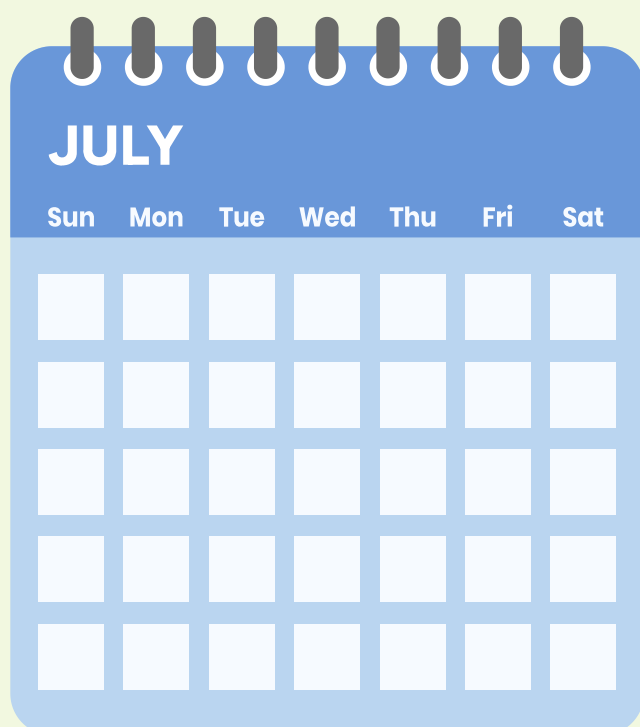
 Time 1:30 pm - 3:30 pm

 Venue Bromley Lawn Tennis and Squash Club

 Organiser Sharon Morgan

 Category Bromley Mencap Events

MORE INFO





Eddie Lynch

Chief Executive Update

Bromley Mencap was delighted to hold a series of highly popular events to mark Learning Disability Week from 19th to 25th June.

The theme for this year's week was **Visibility and Representation.**

During the week our events included an open morning at our day centre in Cotmandene, a workshop, and a celebration event at Crystal Palace F.C Academy.



Our Open Morning and Art Exhibition at Cotmandene included a pottery session for clients and a brilliant art exhibition of their work which was enjoyed by parents and visitors. The event was attended by two local Police Community Support Officers, Vicky Hacking (photographed left) and Jo Dudley (photographed right). Bromley X by X also joined us and will be coming back to run a workshop



#LearningDisabilityWeek

We held a Bromley Well Mandala Workshop at our community hub on Station Road, which was led by Mental Health Practitioner, Michelle Tiedman. This provided the opportunity for clients to enjoy a relaxed morning together and learn the therapeutic art of Mandala.



Learning Disability Week marked the finale of our 10-week Keep Fit programme which was attended by 25 people. The Ann Kean Award for most improved Keep Fitter was presented, along with a cash prize, to Stuart Gennoe by Trustees Ann Kean and Paul Williams. Well done, Stuart!



The busy week was rounded off with a fantastic event at the Crystal Palace F.C Academy which celebrated individual achievements of people with learning disabilities.

The red carpet was rolled out and everyone had the opportunity to walk the carpet and show off their talents and amazing life successes to the group.



The event was followed by a tour of Crystal Palace FC Training Academy with Tom Richardson, Education, Training & Employability Coordinator, at Palace for Life Foundation.

We would like to thank all the staff, volunteers and our partners for making this a fantastic, memorable Learning Disability Week. Bromley was truly visible and represented.



News Corner

Have your say: Adult Social Care Strategy

Bromley Council is developing an Adult Social Care Strategy for 2023-28.

The draft strategy and its priorities have been identified by looking at a range of feedback from those who use adult care services, their family carers, the organisations who support them, the Council's own social care staff, as well as local people who don't currently use social care services.



The council will be carrying out the final consultation to allow residents to review these priorities and give their feedback about them. **This will be done via a survey which will be open until Sunday 6 August.**

- The online survey can be found at www.smartsurvey.co.uk/s/ASCStrategy23/
- The easy-read survey can be found online at www.smartsurvey.co.uk/s/ASCStrategy23-ER/
- Request a paper copy of either questionnaire from engagement@bromley.gov.uk or leave a message by telephoning 020 8313 4113.

For further information please contact Denise Mantell, Strategy Officer, at engagement@bromley.gov.uk.

Events

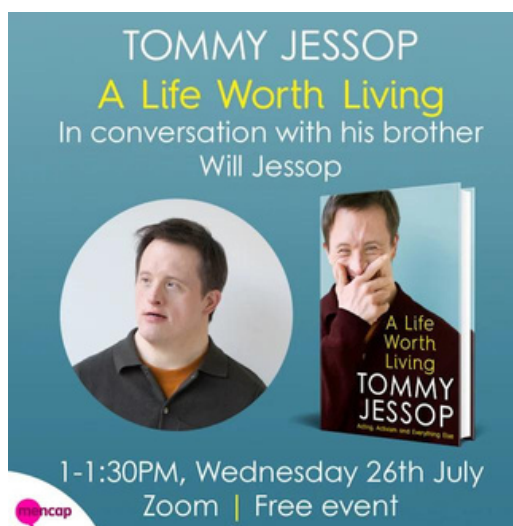


Borrowed Land Festival on Sunday 23rd July

from 3:30pm-7:00pm at Langley Park Centre for Performing Arts, BR3 3BP

This performance is about connecting people with learning disabilities to indigenous cultures and dances related to nature from around the world. Our dancers have learnt about the history and culture behind different dances and created their own live and digital performances based on what they have learnt.

The Borrowed Land festival will comprise a multisensory zone where you can learn about dances from multiple cultures that link to different aspects of nature. You can play musical instruments, virtually dive to the bottom of the ocean, view planet Earth from outer space and see holograms of weird and wonderful creatures appear via a range of immersive technologies! [Buy tickets here.](#)



Tommy Jessop - "A Life Worth Living" online on Wednesday 26th July from 1-1:30pm

Join actor, campaigner and Mencap ambassador Tommy Jessop for a virtual event - in conversation with his brother Will - discussing his brilliantly uplifting memoir A LIFE WORTH LIVING: Acting, Activism and Everything Else.

Tommy says: 'I'm a man on a mission to show that life with Down syndrome can be exciting and is worth living, so that other people understand and give us the chance to live life to the full and to be fulfilled.'

Register for free [tickets via Eventbrite here](#). You can make a [donation to Royal Mencap here](#).

By Maria Carver-Carter Information & Support Officer

We support people who have a learning disability or learning difficulty through one-to-one appointments, assisting in meetings and contacting organisations. Our approach is to run a person-centred service giving information, guidance and support. The Learning Difficulty Pathway has recently offered support with welfare benefits, grant applications, ADHD coping mechanisms, and day-to-day finances at our weekly Correspondence Drop-in session.

Monthly Workshops

In May, we held our 'Picnic in the Park' workshop and invited all pathways to join us for this fun day of bike riding and games. It proved to be a great success, with many people asking if we could run it again. There were many firsts: Janet's first ever time riding a bike and budding friendships with service users meeting for the first time.



Learning Disability Week

We had some lovely celebrations to mark this week. We held our Celebration Awards Ceremony at the Crystal Palace F.C Training Academy in Beckenham.



It was fantastic to recognise the achievements of our very talented service users and it was such a lovely day full of fun and laughter. We also got to enjoy a tour of this state-of-the-art ground for the football fans amongst us.

Well done!

Volunteer Team Of The Year Award

We had the great pleasure of receiving our Volunteer Team Award Certificate 2023 in recognition of Bromley Mencap's exceptional services and help as a volunteer team. What a fantastic end to a fabulous week of celebrations for Learning Disability Week.



Photographed: Aimee Hayes, Virtual Peer Support Co-ordinator, and her partner.

Correspondence Drop-ins

Did you know we have a drop-in for correspondence?

Do you need help reading a letter? Need support sending an email?

Do you want to know if you can apply for benefits and don't know where to start?

Come and see us on **Mondays** (excluding bank holidays) from **11am – 1pm or 2pm – 4pm** at Bromley Mencap, Station Road, Bromley, BR1 3LP. There is no need to book, just turn up!



ADHD Life Admin Course

We hold our regular six-week peer support group meet-up this month and it's a fantastic opportunity for people to share lived experiences. If you have an ADHD diagnosis and would like to sign up for our upcoming course, please contact Emma Andrew or Maria Carver-Carter to reserve

your place. It is proving very popular and we are now taking bookings for July onwards.

Save the date!

Join us for our 'United Voices' workshop with guest speakers Experts by Experience on:

Wednesday 12th July
From 10am-12pm
at our Station Road Community Hub

Join us for our 'Picnic in the Park' workshop and feedback session at Norman Park on:

Friday 4th August
From 1pm-3pm

Email maria.carver-carter@bromleywell.org.uk or phone 020 8466 0790 to book your place.



In the News

What is neurodiversity?

This is a term used to describe the diversity of the human brain. Although neurodivergent brains work differently, these should not be seen as disorders, but seen as a part of human diversity.

Neurodivergent people can offer many benefits to society as they often have exceptional skills and strengths that can be viewed positively in different environments. For example:

- Autistic people can have excellent attention to detail, making them well-suited for jobs in technology and engineering
- People with ADHD may be highly creative and innovative, bringing fresh perspectives to problem-solving
- People with dyslexia can develop incredible listening skills, allowing them to absorb huge amounts of information
- Those with Tourette Syndrome are often highly creative and have a strong sense of empathy.

By Sarah Barclay Information & Support Officer

We support people aged 16 and over who have an Autism diagnosis, or believe they have Autism and are seeking a diagnosis, through one-to-one appointments, assisting in meetings or contacting organisations. Our approach is to run a person-centred service giving information, guidance and support.

If you would like to find out more about the service and join the activities listed below, please contact Emma Andrew or Sarah Barclay. Telephone 020 8466 0790 / 0759 704 8674 or email emma.andrew@bromleywell.org.uk or sarah.barclay@bromleywell.org.uk.

Ways to receive support



Social media

Find us on social media for up-to-date guidance and information for people with Autism here: [Facebook page](#), [Facebook group](#), [Instagram](#).



WhatsApp group

[Autism Parents & Carers Group](#):

A space to chat about supporting someone with Autism aged 16 plus.



Newsletter

You can also sign up to our regular e-newsletter with details, including Zoom links, for all of our upcoming events.



Drop-ins

If you need support for an issue or have a question, please see us at [Rhiannon's Café in the United Reformed Church](#), Bromley (next to Boots) every Thursday from 10am-12pm or 1pm-3pm.



Monthly Workshops

We also hold monthly workshops on a variety of topics. These are held in person and on Zoom.

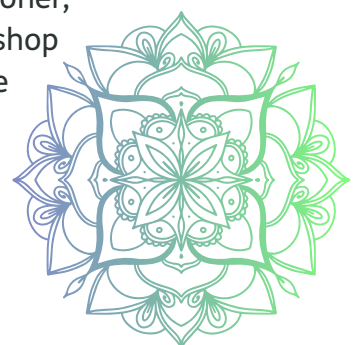
Workshop Review

The May bike and picnic workshop was a huge success. As you can see, everyone enjoyed themselves and hired a bike for free from the Lodge.

It was an opportunity to make new friends and have a go at various activities including table tennis, badminton, football and fun games. Some of our service users had never been on a bike before and had the opportunity to learn to cycle around the park.



In June, we held a Mandala workshop led by Mental Health Practitioner, Michelle Tiedman. The workshop allowed everyone to practice breathing exercises and mindfulness while creating beautiful patterns.



Here are the pieces of artwork that were created in the Mandala workshop and were taken home as a memento of the day.



"I really enjoyed it; it was a great experience and helped me relax"
Service user



Upcoming events

'United Voices' Workshop
Wednesday 12 July
10am-12pm at Station Road



Join us for our 'United Voices' workshop with guest speakers from charity Experts by Experience. The charity assists people with disabilities to be heard on important matters.

You must email or text to confirm your place for workshops and events.
Please contact Sarah Barclay on 0759 704 8674 or email sarah.barclay@bromleywell.org.uk to book.

Come to the Grand Opening of Rhiannon's Café
on Saturday 22nd July from 1pm-5pm
United Reformed Church, 20 Widmore Road,
Bromley, BR1 1RY

Enjoy a BBQ in the bistro garden. Cream teas and coffee and cake are available. There will also be live music.

Rhiannon's Café is a not-for-profit Community Interest Company, mainly staffed by members of the Neurodivergent Community. We would love it if you could use their facilities and support this joint venture as their prices are reasonable and they need your custom to be able to keep going.



Welcome to the team

Please welcome Sarah Barclay to the team. Sarah is covering Lauren's maternity leave as our Autism Officer. You can meet her at our weekly Autism drop-ins (see previous page).



In the News

An increase in autistic people admitted to mental health hospitals

Despite some progress moving people with a learning disability out of hospital and into the community, the number of autistic people in inpatient facilities has increased. In 2015, autistic people made up 38% of the number in hospital, now it is 65%. You can read the [latest monthly data from the NHS here](#).

To reach its target to reduce the number of people in hospital, the Government needs to do more to stop autistic people reaching crisis. This means investing in better social care and mental health services that meet the needs of autistic children and adults. [Read the National Autistic Society article here](#).



By Chetan Raval and Sue Charles
Information & Support Officers

We support adults with physical disabilities by providing information, advice and guidance on a range of issues. We work closely with clients in person, via the telephone and by email offering emotional support and practical help to complete paperwork, forms and grant applications, as well as accompanying clients to medical appointments. We hold workshops and drop-ins at Bromley Mencap's Community Hub in Bromley North and provide outreach at venues in St Paul's Cray and Mottingham every month.

Monthly Workshops

Loneliness Workshop

Our Workshop was delivered by Helayna Jenkins IEng, Principal Loneliness Champion, London Borough of Bromley.

More information about Bromley Council's work in this area, along with resources for those experiencing loneliness or those wishing to learn more can be found at www.bromley.gov.uk/loneliness.

After the workshop finished, there was some spare time for our service users to discuss with us anything they needed help with.



Trading Standards Workshop

Our workshop, which dealt with the current scams 'doing the rounds', was presented by Beverley Nicklin, Senior Trading Standards Enforcement



Officer, at Bromley Council's Trading Standards Team. You can read Bromley Council's Scam Alerts [here](#). The regular alerts equip Bromley residents with information to protect particularly from scams and rogue traders. To receive the latest scam alerts and warnings straight to your inbox, [sign up](#).

Dates for your diary

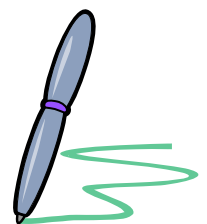
Upcoming Outreach:

Cotmandene: Every month from 2-4pm.
The next session is Tuesday 25th July.

The Mottingham Community Shop has closed.
Activities have moved to Mottingham Library and information on drop-in sessions will be confirmed shortly.

Upcoming Workshops:

Venue: Bromley Mencap, Station Road, Bromley BR1 3LP.



Wednesday 12 July from 10am-12pm
Physical Disabilities and Learning Difficulties joint

'United Voices' Workshop with Jamie Davies and Nicola Burgess from Experts in Experience. United Voices is a project which aims to challenge the barriers faced by people with access needs.

Tuesday 15 August from 11.15am-12.30pm
Keeping well in the summer/hot weather followed by a drop-in until 1.30pm.

In the News

Disabled powerlifter unable to open own front door

Once one of the strongest women in Wales, former powerlifter Julie Salmon now struggles to open her front door due to being a wheelchair user.

"My carers say to me: 'Do you need anything done now?' I say: 'Yeah, a new life'."

Unfortunately, there are many cases like Julie's, but all it takes are simple adaptations like an accessible door, a suitable care package and greater understanding and things could change dramatically.

A plan to tackle disabled access, independent living and employment in Wales is due to be published next year by the [disability rights taskforce](#).



The Welsh government said the specification for specialist rehabilitation services across all its seven health boards was being updated.

A spokesman added:

"We are fully committed to advancing equality for all disabled people in Wales."

"We believe that independent living should not simply be about basic need, but should help ensure all disabled people are able to equally participate in society and can reach their full potential."

[Read more here.](#)



Contact Us

Contact our Support Officers for more information on our services:

Chetan Raval on 07421106922
chetan.raval@bromleywell.org.uk

Sue Charles on 07484 673090
sue.charles@bromleywell.org.uk

Follow our [Facebook page](#).

Alternatively, you can call the office on 020 8466 0790.

New plane seat will let disabled passengers sit in their own wheelchairs on flights

Delta [Air Lines](#) has unveiled a new accessible [plane](#) seat to accommodate power wheelchair users.



The [seat](#) prototype was introduced this week at the Aircraft Interiors Expo in Hamburg, Germany. It's been created in partnership with UK company Air4All, and would enable passengers to be seated in their own power wheelchair throughout a [flight](#).

Air4All said on its website:

"Commercial aviation is the only mode of transport that has no regulations to allow power wheelchair users to travel safely and with dignity seated in their own chair in an aircraft cabin."

Aviation journalist Seth Miller called it "the star of the show." [Read the full article here.](#)

By Tina Penn
Mutual Carers Support Worker

The Mutual Carers Pathway provides specialist support to families where one of the carers is aged 55+ with a disabled son, daughter or sibling living at home.

Tina Penn, the Mutual Carers Support Worker, can be contacted on [07719426680](tel:07719426680) or via email tina.penn@bromleywell.org.uk.



Older Carers workshop and lunch

In May, clients were delighted to welcome Sir Bob Neill the local MP for Bromley and Chislehurst.

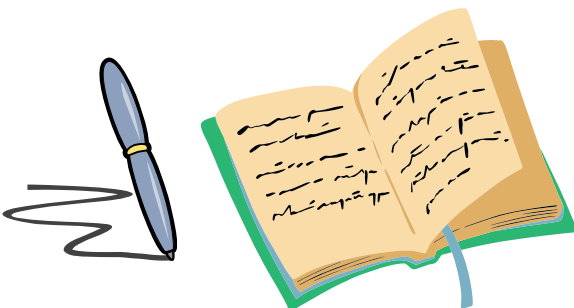
Sir Bob gave a wonderful update on recent political affairs and a very helpful Q&A session which gave everyone the opportunity to discuss things. Tina was delighted that Sir Bob could stay and join the group for lunch and refreshments after his talk.



Dates for your diary

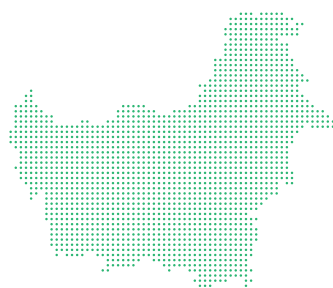
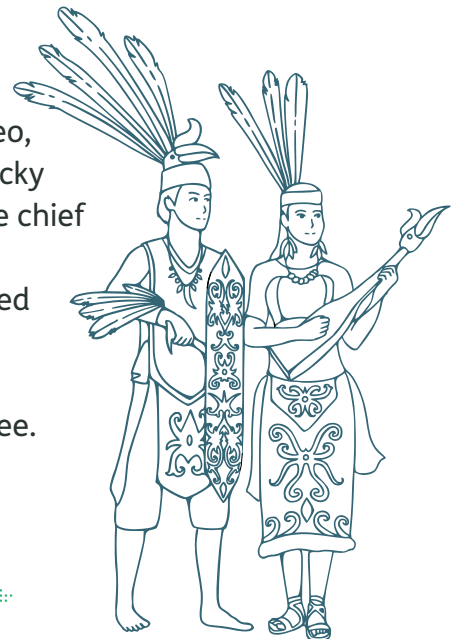
The next workshop and lunch date is:

- **Friday 18th August**



Unfortunately, in June the booked speaker was unable to attend.

The lunch talk was led by some of our carers instead. One carer shared details of their recent boat trip which was very informative with another carer sharing their holiday experience in Borneo, where they were lucky enough to meet the chief tribe member. The carer also shared photos of his experience which was wonderful to see.



Learning Disability (LD) Cookery Class

For our May cookery class, we decided to mark the King's Coronation by preparing a selection of finger sandwiches which included cream cheese and cucumber, and cheese and ham fillings. This was followed by fruit scones with cream and jam.



It was a fabulous day with red, white and blue decorations to get everyone in the party mood.



In June we tried something a bit different. Everyone prepared an oriental prawn or chicken Thai salad with some clients being very experimental by adding red chillis to their dishes.



This was followed by a very exotic fruit salad which included dragon fruit, pomegranate, kiwi, and mango. Everyone really enjoyed trying fruit they hadn't tasted before.



The class also celebrated a client's birthday with chocolate cake and a round of 'Happy birthday'.

Date for your diary

The next LD cookery class is:

- Friday 4th August



Bromley Mencap's Children's Service provides support services for children, young people, carers and families that help change lives for the better.

Our services provide support for disabled children, young people, and young carers through to their transition into adulthood. Whether it is advice and information, signposting, opportunities for peer support, support with short breaks, or leisure activities, our services work with disabled children and young people and their families in order to make lives better.

Short Breaks Service

Bromley Mencap's Short Breaks Service provides Community Support Workers, Buddies and Childminders to families to enable them to have some respite. All support is flexible and centres around the child or young person. Support can vary from engaging children and young people in social and leisure activities out of the family home to providing support in the family home depending on the child or young person's requirements and the family's wishes.



Photographed: Our Buddy Lauren Sanger with Zoe Burger on a trip to the National History Museum in London.

- Are you a young disabled person aged between 14 and 25?
- Would you like to “buddy up” with a non-disabled peer and access leisure opportunities in the community?

Our Community Support Workers (CSWs) offer families a flexible, tailor-made service where children and young people up to the age of 25 can have happy, stimulating and enjoyable leisure time within and outside of their family home. We train and supervise all Community Support Workers to enable them to provide a positive and effective service to the families they support. We also provide opportunities for them to meet as a group and share tips and advice.

"Our son's sisters are also able to benefit from the increased amount of time they receive with an adult while our son is playing and communicating with the Bromley Mencap support worker.

Our son asks us about the support worker's visits and really looks forward to them"

Esther (parent)

Our childminders provide a flexible, tailor-made service where children up to the age of 18 are carefully matched with registered childminders who are trained specifically to care for them.

Our Buddying Service provides a team of “Buddies” aged 16 and above who support young disabled people to access leisure and recreation opportunities in the community. Buddies can help with the first steps towards travel training, understanding money and accessing local leisure activities in the community. We employ, train and match Buddies to young people engaging in the service. Many Buddies provide the service in the area local to the young people they support, however, some do travel further to widen the young person's experiences.

Please contact Sarah Garner for further information on our Short Breaks Services (details below).



Specialist Autism Family Support Service

The Specialist Autism Family Support Service receives referrals via the Bromley Children Project. Your child does not have to have received a formal diagnosis of autism or social and communication difficulties to access our service. If you feel that you and your family could benefit from some specialist short-term support, signposting, and information, please contact Cat Hardiman at the Bromley Children Project for an initial discussion.

- **Telephone:** 0208 461 7697
- **Email:** autisticspectrumcondition@bromley.gov.uk

We are working with 17 families, offering strategies for support with issues such as:

- Behaviour management & emotional regulation tools
- Sensory Processing
- Managing a healthy home/school relationship
- Young carers & short breaks referrals



Useful Resources, Information & Events

The summer holidays are fast approaching so the resources below may be helpful to families.

- [Zap Kids Club](#): A self-funded holiday club designed for children with complex needs, learning difficulties and ASD, ZAP's vision is to create a holiday club that is fully inclusive for all children regardless of their SEND. [More here.](#)
- [Access a list of SEN-friendly activities here.](#)
- [Places where Kids Eat Free in School Half Terms & Holidays 2023 \(moneysavingcentral.co.uk\)](#)

Young Carers Service

Bromley Well Young Carers support young carers aged 4-19 to manage their caring relationships whilst still enjoying their childhood.



Our Young Carers enjoyed a variety of activities and workshops over May half term, including a photography exhibition; LGBTQ+ workshop around gender expression and a fun games day whereby young carers created Tik Toks and spent time forming new friendships; and a forum on a Carers Charter - all of which included pizza or sweet treats. You can read all about our exciting activities in the [summer edition of our newsletter here.](#)



Adult Leisure Services Update

By Sharon Morgan, Adult Services Manager

Bromley Mencap provides a wide range of social and leisure services for disabled adults to try new activities, meet with friends and have fun. From our always popular discos through to opportunities to try out new physical activities, there are many ways to enjoy yourself and learn new skills.

Walking and Cycling Club

Twenty-five service users and carers joined our Walking and Cycling club for an evening walk in Keston. This was led by our volunteer Phil Branch and we all enjoyed a relaxing and picturesque walk.

We finished at The Greyhound Pub, having a drink and something to eat together. A very enjoyable evening!



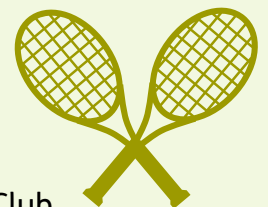
Keep Fit Fun



Our Keep Fit classes finished recently and on our last session, we had a short lesson followed by a presentation and celebration with food and cake!

Everyone received a certificate of participation and Stuart Gennoe won the trophy for most improved.

Summer Tennis Workshop

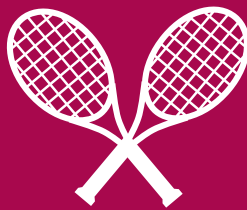


Join us for a free six-week tennis course at Bromley Lawn Tennis and Squash Club this summer. Please refer to the easy-read flyer on pages 18-19 for more information on how to book your place.

Funded by:



Summer Tennis Workshop



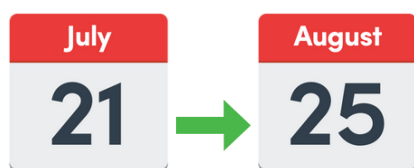
Incorporating Bromley Scope

Join us for a six-week tennis course.

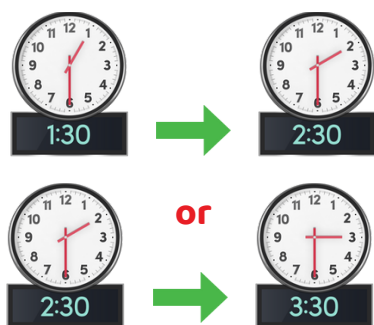
No experience is needed. We will be using adapted equipment so all ages and abilities can take part and have fun.



When: The tennis sessions will be on Friday afternoons.



The course will start on **Friday 21st July** for 6 weeks. The last session will be on **Friday 25th August**.



Time:

Choose either 1:30pm – 2:30pm
or 2:30pm – 3:30pm



Where: Bromley Lawn Tennis and Squash Club, Sandford Road, Bromley, BR2 9AN.
Please turn over for map.



Free to attend.

All equipment will be provided.
Refreshments will also be provided.

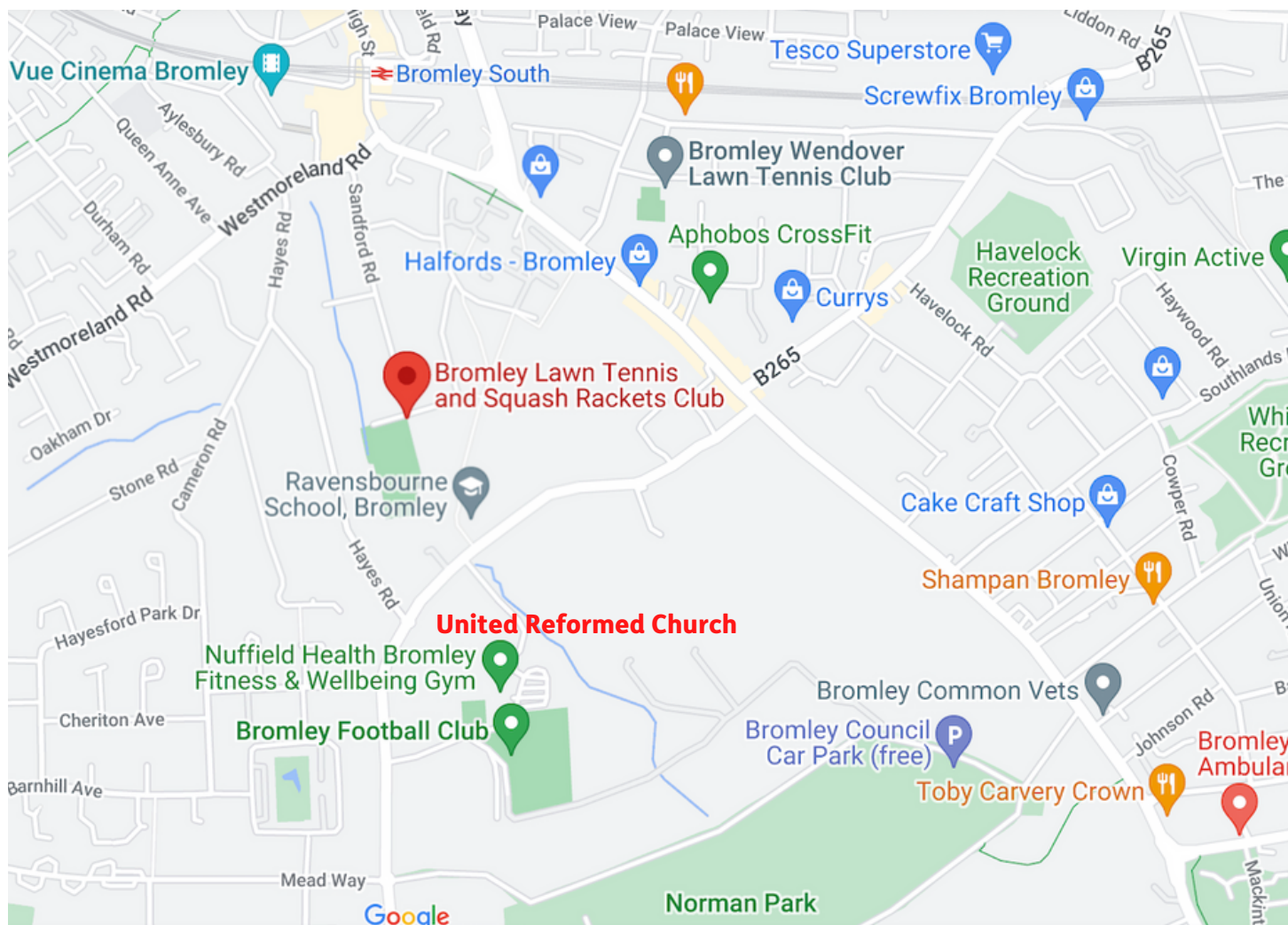
Map and directions



Bromley Lawn Tennis and Squash Club is the nearest tennis and squash club to Bromley High Street. It is just a couple of hundred yards from Bromley South Railway Station.

Bus Routes

The nearest bus routes are 119, 146, 314, 246, 352, 138, 162, 367, 638, and N3.



Please complete the booking form and return it no later than **Monday 17th July**.

Please ensure you arrange your own support or support worker if 1:1 support is required during the sessions.

If you have any questions, please contact Sharon Morgan



Telephone: 020 8466 0790



Email: enquiries@bromleymencap.org



Adult Day Services

Our Day Services are very popular and we are almost at full capacity. However, if you are interested in attending one of our schemes, please do contact us to discuss your requirements.

For The Lodge:

Caroline Stone caroline.stone@bromleymencap.org

For Day Opps West Wickham and Cotmandene:

Louise Kelly louise.kelly@bromleymencap.org

Telephone: 020 8466 0790

Enjoy a wide variety of activities or get support to improve the quality of your life.

We run a number of services that provide disabled adults with a range of interesting activities. We regularly consult with adults who attend our services to develop new sessions to meet their needs.

The Lodge

Summer has arrived which means that the garden at The Lodge is of course looking beautiful! If you are in Norman Park, make sure that you glance over to the garden to see all the hard work that the horticulture team have put in and then visit the kiosk for fresh coffee, a snack or a nice cold drink.



Warm weather and sunshine means that the Bicycle Maintenance team have been increasingly busy hiring out bikes to groups and visitors to the park. Don't forget, we welcome your unwanted bicycle donations which our students can work on to refurbish as part of their learning.



The catering team have been making all sorts of delicious recipes including coffee cake and potato salad for which they used all ingredients grown from our garden. They have also been busy making lots of homemade gifts and treats to sell at our Summer Fun Day. Please see flyer on page 22 for full details.



West Wickham have been preparing for their move to their new building at Eden Park and are very excited to get settled in. They have also enjoyed making some decorative fabric bowls, paper beading, button sewing and Eid dessert treats.



The Cotmandene team held a very successful art exhibition during Learning Disability Week which was very well attended and showcased some great pieces that they had been working on.



Day Opps

Our Day Opportunities group in

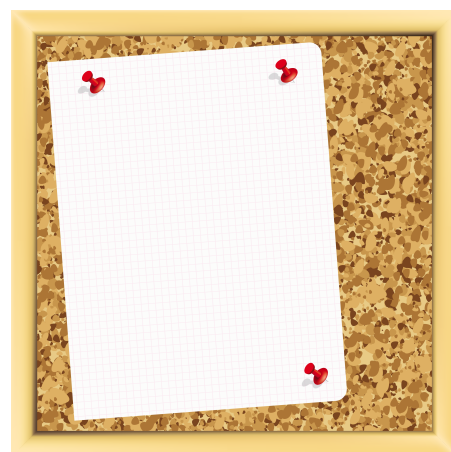
Can you help kit out our new Day Opportunities Site?



Incorporating Bromley Scope



Our West Wickham project is moving and we need your help to purchase equipment for the new building at Eden Park.



Staff and clients have put together a 'wish list' of equipment from Amazon which includes items big and small to suit all budgets such as colouring pens and a mounted noticeboard. You can purchase items from this list by scanning the QR code below.



amazon
wishlist

For your convenience, the equipment can be sent directly to us (select the option to send to: Nicolette Debich, Gift Registry Address).
Thank you for your continued support.



**The Lodge Community Hub,
Norman Park, Hook Farm Road, Bromley, BR2 9SX**

SUMMER FUN DAY



**Saturday 15 July
10am-2pm**

**Tombola | Handmade Crafts | Bottle Stall | Pick & Mix
Cakes | Hanging Baskets | Free Bike Loans
Hook A Duck | Lucky Dip | Indian Food & Cookery Demo
Guest appearance from R&B & Hip Hop Band 'Big Brovaz'**



Incorporating Bromley Scope



Our Supported Internship students celebrate graduation success!

Hospital Supported Internships

We are pleased to inform you our seven interns have successfully completed their NHS Project SEARCH Internships at the Princess Royal University Hospital (PRUH).

The Graduation ceremony was held on Monday 26th June and was a huge success with a good turnout including members of Bromley Council, Bromley Mencap, the Director of Workforce of the PRUH and South Sites departmental Managers, mentors, and our job coaches who have been there every day of the journey, supporting courses and placements.

Five of our seven interns have been offered paid positions subject to checks and references and one intern has already started his role as a porter! We are so happy and proud of what the interns have achieved, they have worked extremely hard and deserve to look forward to starting their careers within paid employment.



London South East Colleges Supported Internships



It has been another successful year on the Higher Needs Supported Internship with paid and voluntary outcomes achieved for the students we have supported.

We are in the process of supporting the students with their transition from London South East Colleges (LSEC). Options will include Bromley Mencap Services such as Day Opportunities and employment pathways, as well as supporting those who are out of

borough with services available to them. The students have done incredibly well this year in their work experience placements. All the businesses we have worked with over the year have agreed to continue their partnership with us when we start up again in September - such a positive reflection of all the hard work the students have put in this year!



All students received certificates of achievement at our end-of-year parties. We wish them all the success with their future. We are looking forward to working with the new cohort of students in September and will be working hard over the summer in preparation for another successful year.

Staff Updates

Congratulations

Congratulations to Sally Bateman who has been promoted to Supported Internships Manager and will be responsible for managing both our Supported Internship programmes across Bromley and Bexley and our Job Coaching Agency.

Jill Baughen, who has been overseeing job coach arrangements for some time, has been promoted to our Job Coach Agency Coordinator.

Sarah Barclay has been appointed to the Bromley Well Autism maternity vacancy filling in for Lauren Titheridge until she returns from maternity leave.

Ann Stott will continue to work for us in Brokerage, as a Job Coach and within Day Services and Jodie Miles has been promoted to Senior Employment Advisor at Bromley Well.

Congratulations to everyone in their new roles.

Join our team

Can you make a difference to the lives of disabled people in the Bromley borough? Please do keep an eye out on social media and our website for exciting job vacancies.

For our latest job listings, please visit:

<https://www.bromleymencap.org.uk/work-with-us/>





Copy deadline for the September/October Bulletin is 1st September 2023.

Editor: Alex Powell - alex.powell@bromleymencap.org

**Publisher: Bromley Mencap, Rutland House, 44 Masons Hill
Bromley Kent BR2 9JG Tel: 020 8466 0790**

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