Bromley Well

Supporting people with Physical Disabilities

HEALTH & WELLBEING WORKSHOP

Come and get a blood pressure check and ear check using a camera —see inside your own ear!



Monday 28 April

11am to 1pm

Bromley United Reformed Church,
20 Widmore Road, Bromley, BR1 1RY

After your health check, enjoy some refreshments and stay for our drop-in session from 12 noon to 1pm.
Booking required for the workshop.

Please contact us to book your place.

Telephone: 020 8466 0790

Email: caroline.hackett@bromleywell.org.uk or sue.charles@bromleywell.org.uk

Service delivered by: Bromley mencap, Incorporating Bromley Scope

Funded by: Bromley, The London Borough, www.bromley.gov.uk

NHS South East London

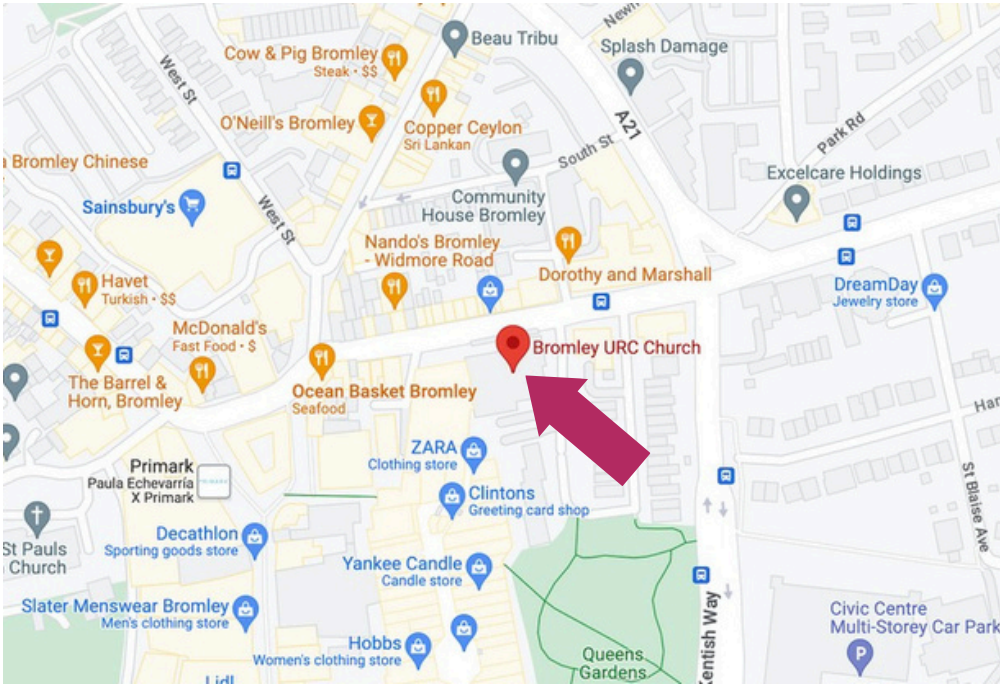
Map and directions

Bromley United Reformed Church, 20 Widmore Road, Bromley, BR1 1RY



The church is located next to Boots the Chemist in the centre of Bromley. The following buses all stop outside the front door or nearby:

Buses: 61, 119, 126, 138, 146, 162, 208, 227, 246, 261, 269, 320, 336, 352, 354, 358, 367, 638.
Trains: Bromley North and Bromley South stations are both a few minutes walk away.



Our goal is to empower individuals with physical disabilities to reach their full potential and lead independent and fulfilling lives. Through our workshops, we are committed to helping people do just that.