



Young Adults & Adults Forum

KNOWLEDGE
IS
POWER

Transitioning to Adult Carers

Come along and find out all about the journey into adult carers — and the support available to Young Adult Carers and Adult Carers.

We'll be sharing helpful information on:

-  **Transitioning to adult carers**
- **Wills and probate**
- **Housing guidance**
- **Cost of living support & benefits**
- **Living with long-term health conditions**
-  **Avoiding scams**
- **Personal & home security**



Enjoy cake, coffee, and snacks while you chat with experts and meet others in a supportive space.

Don't miss out — parents and carers welcome!

Friday 22nd August

1pm – 4pm

COMMUNITY HOUSE, South St, Bromley BR1 1RH



Service delivered by:



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