

What members of the Collective think:

"I was nervous about joining the Autism Collective at first, but I'm really glad I came. Everyone was welcoming, and I've been able to make friends, try new things, and feel more confident."

"The Collective has helped me come out of my comfort zone. I have tried activities I wouldn't have done before and met people I now enjoy spending time with."

"I really enjoyed the beach trip. I had a goal to buy gifts for my family, and I was proud that I was able to do that."

"The Autism Collective is a small group, which makes it easier to get to know people and feel comfortable. I have made connections with others and feel like I belong."

"The pub nights are something I really enjoy. I can relax, play games, chat with others, meet new friends, and have fun."

"I like that we get to choose the activities we do. It makes me feel listened to and involved. Everyone shares ideas and we decide together what we would like to try."

Find out more:

Please email martha.agyei@bromleymencap.org
or telephone 020 8466 0790.

Bromley Mencap, Rutland House, 44 Masons Hill, Bromley, BR2 9JG. Registered Charity Number: 800685
www.bromleymencap.org.uk



Project Funded by:



16–25 AUTISTIC COLLECTIVE

Connect and participate in a way
that works for you



The 16–25 Autistic Collective is a welcoming network for autistic young people.

Whether you want to meet new people, try something different or find out what is happening locally, the Collective can help you get involved at your own pace.

You can take part one-to-one, in a small group or as part of a larger group, depending on what feels most comfortable for you.

Come and join the Collective – we would love to welcome you!



What the Collective offers:

- ✓ Information and support to find local groups, events and activities that match your interests
- ✓ Travel support, including a travel buddy to help you get to activities and events
- ✓ Opportunities to meet like-minded people, build friendships and connect with others at a level that feels comfortable for you
- ✓ Regular social activities, including board game nights and community outings
- ✓ The chance to share your ideas and help shape future activities and events
- ✓ Visual guides, travel plans and clear information to help you feel prepared before attending activities and events