

EVERYDAY DIGITAL SKILLS

Join our Digital Champions for a four-week course to help build your confidence using digital technology.



Learn how to:

- ✓ use a tablet and laptop
- ✓ create and manage passwords
- ✓ stay safe online and use antivirus protection
- ✓ use basic apps
- ✓ build confidence with everyday digital tasks

When and Where?



Thursdays:
8, 15, 22, 29 October



10am–12pm



Bromley Mencap Training
Centre, Rutland House,
44 Masons Hill,
Bromley, BR2 9JG

Laptops/tablets supplied but please bring your smart phone to the sessions.



Please book your place:
Telephone: 020 8466 0790



Email:
allison.gill@bromleymencap.org

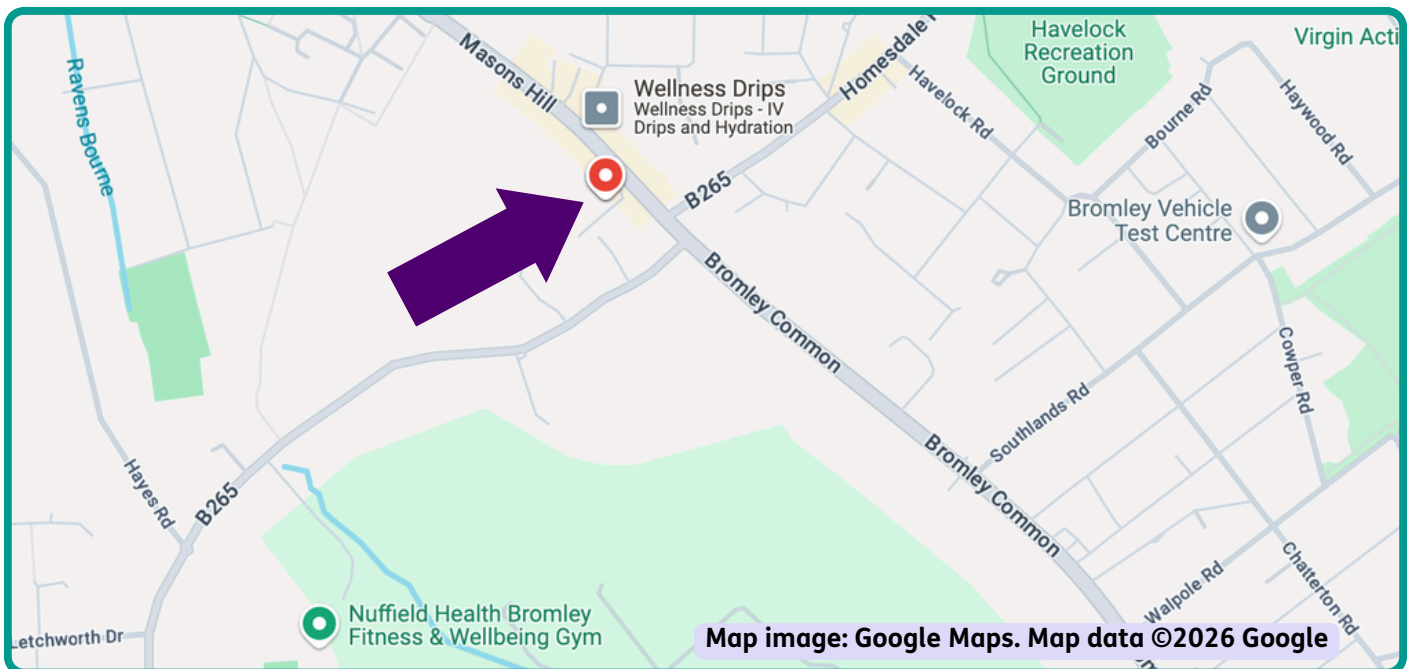
Map and directions

Rutland House, 44 Masons Hill, Bromley, BR2 9JG



We are located at the rear of the Bromcom building.

Walk through the alleyway on the right, and you'll find the entrance to our office at the back of the building.



By Bus: Masons Hill is just outside Bromley town centre and on the main A21 bus route. Buses 61, 208, 261, 320, 336, 358 stop close by.



By Train: Bromley South is the closest train station.



By Car: There is no access to car parking at our office and there is limited on-street parking with a number of restrictions.