



COOK AND CONNECT



Join us for a relaxed cooking session focused on preparing and enjoying food together.



Every Saturday in October



New time: 11am to 1:30pm



Cotmandene Day
Opportunities Centre,
66-68 Cotmandene
Crescent, St Paul's Cray,
Kent, BR5 2RG

What's involved:

Bags of ingredients will be pre-purchased for each session. The focus will be on cooking and eating together.

We'll finish each session with a fun activity like a quiz or bingo.



£10 per session
including all ingredients



Please book and pay in advance on our website.

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