

COOK AND CONNECT

Bromley mencap
Celebrating 75 years

Join us for a relaxed cooking session focused on preparing and enjoying food together.

Every Saturday in November

New time: 11am to 1:30pm

Cotmandene Day Opportunities Centre, 66-68 Cotmandene Crescent, St Paul's Cray, Kent, BR5 2RG

£10 per session
including all ingredients

What's involved:

Bags of ingredients will be pre-purchased for each session. The focus will be on cooking and eating together.

We'll finish each session with a fun activity like a quiz or bingo.

Please book and pay in advance on our website.

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